

The East Midlands Under 11 Sports Hall Athletics Competition this year will be held on Sunday 22nd January 2012 at the Meres Leisure Centre Grantham.

Lincolnshire Athletic Association for many years have selected a County Under 11 Sports Hall Athletics team from one day trials at a central venue.(12 boys and 12 girls).

The Lincolnshire County Under 11 sports hall athletics selection team this year would like to hold a "competitive evening" at each Lincolnshire Athletics Club that is willing to participate. (2 evenings per club would be even better if it is possible for example October and November).

The Competitive evening could be a regular club night or an alternative evening and the selection team would run the competition with all under 11s at the club plus an invitation to local primary schools years 5 and 6.

The results will be analysed and the team selected from these results.

All the athletics club will need to do:

- A. book a sports hall (the selection team can help with that) It would be very helpful to have the sports hall for 2 hours but it will depend on the number of under 11s.
- B. Encourage the Under 11s to attend that evening .
- C. It would be helpful if the club are aware of local primary schools but the team can also help with that.
- D. It would be helpful to have assistance from some coaches on the night to measure or time as well as other older athletes Under 13s upwards.

It is hoped that by doing the selection process this way:- it will

- 1. save Clubs from trying to get under 11s to enter.
- 2. save parents from having to get to the central venue
- 3. allow young people who have other commitments the opportunity to take part
- 4. The cost will be kept down
- 5. It may bring in new under 11 members to the club if they enjoy the evening.
- 6. The results could be the start of a county sports hall athletics league.
- 7. Under 13s and under 15s can gain experience measuring and timing on the night.